Original Articles

Versatility of Rhmoboid Flaps
Osman Enver Aydin et al., Erzurum, Turkey

Anemia of Chronic Disease
Osman Yokus et al., Istanbul, Ankara, Hatay, Turkey

Dexmedetomidine for Conscious Sedation
Neslihan Kilic et al., Bursa, Turkey

Low Serum Adiponectin Levels
Eser Tasci et al., Adana, Turkey

Dexketoprofene Trometamol and Lornoxicam in Mediastinoscopy
Gonul Sagiroglu, Istanbul, Turkey

Biofilm Production, Coagulase and Hemolytic Activity in Candida Species
Nimet Yigit et al., Erzurum, Turkey

Amlodipine and Mesenteric Ischemia
A. Kagan Coskun et al., Ankara, Erzurum, Turkey

Antipsychotic Usage
Elif Oral et al., Erzurum, Turkey

Review

Epidural Analgesia and Lactation
Mert Akbas et al., Antalya, Turkey
The Eurasian Journal of Medicine
Formerly Atatürk Üniversitesi Tıp Dergisi

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Aims and Scope

The Eurasian Journal of Medicine (EAJM), formerly Atatürk Üniversitesi Tip Dergisi (the last issue published under this name is 2006, volume 38/2), is the official journal of Atatürk University School of Medicine. The EAJM has been the regular publication of the School of Medicine since 1968. The journal is a peer-reviewed, nonprofit scientific periodical. Three English-language issues have been published each year (in April, August and December) since 2008.

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The aim of the EAJM is to publish original research papers of the highest scientific and clinical value in all medical fields. The EAJM also includes reviews, case reports, editorial short notes, images of interest and letters to the editor that are related to recently published articles.

The EAJM adheres to the highest ethical and editorial standards. The editors of the journal endorse the Editorial Policy Statements Approved by the Council of Science Editors Board of Directors (www.councilscienceeditors.org/services/draft_approved.cfm). The journal is in compliance with the Uniform Requirements for Manuscripts Submitted to Biomedical Journals, which is published by the International Committee of Medical Journal Editors (updated October 2008, www.icmje.org).

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1. Original articles
2. Case reports
3. Letters to the editor
4. Images of interest
5. Reviews

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Reviews
Although they are usually commissioned, we occasionally accept unsolicited review articles.

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The manuscript format must be presented in the following order:
1. Title page
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   b. Materials and Methods
   c. Results
   d. Conclusion
   e. Keywords (3 to 6)
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   b. Materials and Methods
   c. Results
   d. Discussion
4. Acknowledgements, Competing interests, Funding
5. References

NOT write a separate “Conclusion” heading (you may, however, begin your last paragraph with “In conclusion…”).

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Please provide a concise and informative title of fewer than 150 characters. Include a list of all contributing authors and their affiliations. Supply full correspondence details for the corresponding author, including phone and/or fax number and e-mail address. Provide a short title for the manuscript (limited to 75 characters).
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Please include an abstract of 400 or fewer words. The abstract should be easily understood without reference to the text (see Ann Intern Med 1987; 106: 598-604).
The abstract must have four separate, structured paragraphs (Objective, Materials and Methods, Results and Conclusion) that correspond to the research question, materials/patients and methods, results, and the answer to the question. If necessary, one or two sentences with background information may be included before the question. The question and answer should be the same as those in the text. Include only a few important values, and avoid using abbreviations or reporting statistics.

Stating the purposes of the study, basic procedures (study subjects or experimental animals; observational and analytic methods), main findings (specific data and statistical significance), and conclusions. Emphasize new and important aspects of the work. Avoid abbreviations other than standard units of measurement. Information must match the information in the text and may contain no information that is not presented in the text.

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**Text (Content and Style).** The texts of observational and experimental articles generally include these sections: Introduction, Patients (or Materials) and Methods, Results, and Discussion. Other articles such as case reports and reviews will need other formats; authors should consult representative articles in the Journal.

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State the question you asked (or the hypothesis to be tested) and the considerations leading to the formulation of the question. Give only pertinent references. Case reports should also include an introduction section.

**Materials and Methods**
1. **Protection of Human and Animal Subjects**
   - Study subjects or animals
   - Clearly describe how the subjects or experimental animals were identified, including the control subjects (if used). For animals, see Laboratory Animals, 1985; 19: 106-108.
   - Clearly state the eligibility criteria for cases and controls in observational studies or for subjects in clinical trials.
   - All work involving human subjects is expected to have received approval from local ethics committees and the regulatory authorities (when appropriate; for example, for studies involving drug trials).

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   • The editors reserve the right to refuse work that does not conform to acceptable ethical criteria.

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9. **Study design**
   - Clearly state the main study objective(s).
   - Provide an overview of the main tests or experiments.
   - Consider sample size and whether you have enough subjects to reliably address the research question.
   - Papers on clinical trials should include details regarding sample size calculation (i.e., expected effect size, power, level of statistical significance and one- or two-sided tests). Sample size should be reproduced independently.

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11. **If the methods have previously been published, provide only a reference or a reference and a brief description.**

12. **Identify drugs and chemicals, including generic name, dosage and route of administration. State the form in which the drug was used (salt or base), the amount given in relation to body weight, and the route of administration; if injected, state the volume and rate of injection. State the frequency and the time of additional doses.**

13. **Please provide manufacturer’s name and address for equipment, drugs and chemicals. This information should not be presented in a separate section. Credit suppliers of drugs, equipment, and other materials described at length in the paper in parentheses at 1st mention, giving specific product name and model number (if applicable), company name, and location (city, state, and country).**

**Analysis**
- Clearly state and define the main outcome measure(s).
- Briefly state the statistical methods used during the analysis if they are standard. New methods should be described with justification.

**Results**
Keep the Results section brief. Describe the baseline characteristics or condition of the patients or animals. Focus on the important results, i.e., those that help address the research question. Present the majority of the data in figures or tables rather than in the text. Use the text to emphasize or summarize the most important observations. Present both positive and relevant negative results.

**Discussion**
At the beginning of the Discussion, summarize the main results and show how they address the research question. Make sure that the conclusions are consistent with the re-
results and are pertinent to the research question. Describe the limitations of the study and/or analysis, and discuss possible implications of your conclusions. Emphasize new and important aspects of the study. Try to explain contradictory or unexpected results or discrepancies with previous findings.

Acknowledgements
All acknowledgements should be grouped into one paragraph and placed after the Discussion. Only acknowledge those who have made substantial contributions to the study.

References
Number references consecutively in the order in which they first appear in the text. Use full size Arabic numerals in square brackets. List all authors when there are six or fewer. When there are more than six authors, list only first and add et al.

References should conform to the style used in Index Medicus (Vancouver Style), as shown in the following examples:

1. Standard Journal Article

2. Book by 1 or More Authors (including specific page numbers)

3. Chapter in a Book

4. Websites should be listed with the references and not in the text. They should only be used when an original citation is unavailable. Citations should be listed as follows:
   • WHO. Severe Acute Respiratory Syndrome (SARS). www.who.int/csr/sars/en/index.html. Date last updated: June 1 2004. Date last accessed: June 1 2004. Work that has not yet been accepted for publication and personal communications should not appear in the reference list.

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Tables
Tables should be created and inserted into the text document using the "Table" and "Insert Table" functions in your word processing package. DO NOT supply tables in a separate file. Tables should be numbered consecutively with Arabic numerals.

Limit decimals to a sensible number. Large tables should be avoided due to space restrictions; otherwise, they may be split. Please provide a clear footnote for all tables, making sure ALL abbreviations and symbols are defined. Explain all nonstandard abbreviations in footnotes. Identify statistical measures of variations, such as standard deviation or standard error of the mean. Do not submit tables that merely repeat information in the text. Supply permissions to use data from another published or unpublished source.

Figures
All submitted figures must be numbered and given titles. Whether images, drawings, or graphs, we recommend that no more than four components be used for a given figure (e.g., a, b, c, d). When there are Figure subunits DO NOT label them on the images.

Figure Legend(s)
It (they) should be placed at the end of the manuscript. Illustrations: General Information (for details, see Digital Image Guide). Letters, numbers, and symbols should be clear and even throughout, and should contrast with the background; they should be large enough to be legible when reduced for publication and should be added after images are scanned to the proper resolution. Photomicrographs should have internal scale markers. Symbols, arrows, or letters used in the photomicrographs should contrast with the background. Titles and detailed explanations belong in the legends, not on the illustrations themselves. Privacy and Confidentiality. Avoid photographs of patients; if such photographs are used, the subjects must not be identifiable (masking their eyes is inadequate). Figures should not include any written patient identification, including names, initials, and hospital numbers. Photos or illustrations that might in any way reveal the identity of a patient must be accompanied by written permission to use the photograph; moreover, the patient should be shown the manuscript and should be told if the manuscript will be available on the Internet as well as in the print publication.

Cite each figure in the text in consecutive order. If a figure has been published, acknowledge the original source and submit written permission from the copyright holder to reproduce the material.

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A. Image Preparation Checklist. To verify that you have fulfilled the requirements for electronic image preparation, use the following checklist. Each category is expanded below the checklist.

• Black-and-white images are saved in grayscale mode (not black and white).
• Photographic images are saved in RGB color mode (not CMYK or indexed color).
• Files are submitted in native TIFF or EPS and are not embedded in another program such as Microsoft Word, PowerPoint, or Excel.
• Charts or illustrations created in Microsoft Office (Word, PowerPoint, Excel) are submitted in native format and do not include embedded images.
• Charts created in SPSS, SigmaPlot or ChemDraw are submitted as EPS images.
• All graphics are sized to 100% of their print dimensions so that no scaling is necessary (3.2” wide for 1-column figures, and 6.4” wide for 2-column figures).
• Images have been scanned according to our scanning guidelines.
• Files are named using our recommended naming conventions.
In most drawing programs, an EPS file is made by choosing File / Save as … or Export / EPS. For more information, consult the Help menu of your software.

3. Microsoft Office (Word, Excel, PowerPoint). Charts and illustrations created in Microsoft Office programs are accepted. Do not submit Microsoft Office files that contain embedded images. When creating charts and illustrations:
   - Work in black-and-white, not color.
   - Do not use patterns for fill color; use black, white, and shades of gray.
   - Avoid 3-dimensional charts.
   - Use only Journal-approved fonts.
   - Use line weights greater than 0.5 points.
   - Submit the grouped image so that Journal compositors can access the datasheet.

4. AVOID THE FOLLOWING:
   - Submitting graphics downloaded or saved from Web pages. The resolution will be too low, regardless of how the image looks on screen.
   - Submitting GIF files. GIF files are never appropriate for publication.
   - Scanning preprinted photographs (already published halftones). The printing process introduces distortion into the photograph that will transfer to the scan.
   - Generating TIFFs in the Microsoft Office Document Scanning program. This proprietary program changes image formatting such that the image cannot be opened in our image evaluation program.

D. Resolution and Scanning

1. Images must be scanned at the proper resolution in order to ensure print quality. Use the following guidelines to select the correct scanning resolution. Images scanned at lower resolutions will be rejected.
   - Photographic images without text or arrows: 300 dpi/ppi
   - Photographic images with text or arrows: 600 dpi/ppi
   - Black-and-white line art: 1200 dpi/ppi

a. Scanning photographic images without text or arrows
   - Scan in RGB mode.
   - Scan at 300 dpi/ppi.
   - Select a target width of 3.2" for 1-column figures, and 6.4" for 2-column figures.
   - Crop images tightly; do not scan the margins.
   - Use the proper naming convention; save as a TIFF and apply LZW compression.

b. Scanning photographic images with text or arrows
   - Scan in RGB mode.
   - Scan at 600 dpi/ppi (even if text or labels will be added after the image is scanned).
   - Select a target width of 3.2" for 1-column figures, and 6.4" for 2-column figures.
   - Crop images tightly; do not scan the margins.
   - If adding labels, use an approved font. If these are pixilated, you may be asked for an unlabeled version.
   - Use the proper naming convention; save as a TIFF and apply LZW compression.

c. Scanning black-and-white line art
   - Scan in grayscale mode.
   - Scan at 1200 dpi/ppi.
   - Select a target width of 3.2" for 1-column figures, and 6.4" for 2-column figures.
   - Images should be tightly cropped; do not scan the margins.
   - If adding labels, use an approved font. If these are pixilated, you may be asked for an unlabeled version.
   - Use the proper naming convention; save as a TIFF and apply LZW compression.

Resolution and Scanning Quick Reference Table

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<th>Example</th>
<th>Format/ Color Mode / Resolution</th>
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<td>TIFF/ RGB/ 300 dpi-ppi</td>
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<td>Photographic images with text or arrows</td>
<td><img src="image2.png" alt="Image" /></td>
<td>TIFF/ RGB/ 600 dpi-ppi</td>
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<tr>
<td>Black-and-white line art</td>
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<td>TIFF/ Grayscale/ 1200 dpi-ppi</td>
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<tr>
<td>Black-and-white line art from a professional drawing program such as Adobe Illustrator</td>
<td><img src="image4.png" alt="Image" /></td>
<td>EPS/ Grayscale/ NA</td>
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<tr>
<td>Black-and-white chart or graph from Microsoft Office program</td>
<td><img src="image5.png" alt="Image" /></td>
<td>PPT or XLS/ NA (Use black, white and shades of gray.) / NA</td>
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</table>
2. Scanning originals that are smaller than the target width
   • Choose the correct color space for photographic images or line art.
   • Determine the correct resolution. If an image has a width smaller than the target width (either 3.2" or 6.4"), multiply the answer by the target dpi and round up to the nearest hundred. This will determine the scanning dpi.
   Use the following example:
   If an image is 2.4" wide and needs to be 300 dpi/ppi at 3.2" wide, then
   
   \[
   \frac{3.2}{2.4} = 1.33 \\
   1.33 \times 300 = 399 \text{ Round up to } 400.
   \]
   Thus, if the 2.4" image is scanned at 400 dpi/ppi, the Journal can properly convert the image to 3.2" wide at 300 dpi.

E. Naming Files
   1. Please use the following naming convention for electronic images:
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   2. Revising images. Any time you revise an image and resubmit it to the Journal, you need to add a version number to ensure that the image will be re-evaluated.
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      • Arial
      • Helvetica
      • Symbol
      • Times New Roman
      • Univers LT

G. Labels
   1. Do not place figure labels (A, B, C, etc.) on digital files; include the letter in the figure file name (for example, Smith3B.tif).
   2. If images are part of an A, B, C series, scan and submit each image separately.

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