A 27-year-old male presented with a 2-year history of paroxysmal sneezing and nasal congestion, which mostly occurred during April to June. Flexible fiberoptic rhinoscopy revealed slight hypertrophy of both inferior turbinates, with a normal pinkish hue and a marked cobblestone appearance of the nasopharyngeal mucosa, particularly at the torus tubarius and superior segment of the fossa of Rosenmüller (Figure 1). With a positive skin prick test result, a diagnosis of allergic rhinitis was made. The patient was underwent sublingual allergen-specific immunotherapy that was combined with the administration of antihistamines and an intranasal steroid at the start of treatment. At follow-up, 6 months after the start of treatment, the patient reported marked relief from his allergic rhinitis symptoms, and on performing flexible fiberoptic rhinoscopy, he did not show signs of cobblestone mucosa.

Although not pathognomonic, the presence of a cobblestone appearance of the nasopharyngeal mucosa in a patient consulting for nasal congestion is highly suggestive of allergic rhinitis and should prompt physicians to perform an allergologic assessment.
Ethics Committee Approval: Ethics committee approval was received for this study from the ethics committee of Santa Marta e Santa Venera Hospital-ASP 3 CT (Decision Date: 25.07.2017).

Informed Consent: Written informed consent was obtained from the patient who participated in this study.

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References